

## "Brande Fitness works for quality of life"

The fitness centre is made up of a group of voluntary assistants and their directions must be followed. At registration and payment of membership a training program can be worked out. This can later be adjusted according to specific agreement.

It is the member's duty and responsibility to inform of all conditions that are relevant for the preparation of the training program. Any possible injury that the member may inflict upon him/herself when using the training facility is the member's own responsibility.

Membership fees are regulated concurrently with 'Brande Fitness' economic situation. Adjustments decided by the board must be announced at least 1½ month before becoming effective. Announcement will be made on the club's bulletin board.

The fitness centre can be closed for maintenance or special arrangements.

### Rules of Membership:

By paying your membership application you confirmed that you have read and accepted the following rules for your membership in Brande Fitness:

**01.** Your electronic bracelet is personal and must be worn visibly at all times when using the fitness centre. The admission electronic bracelet may not be given to others. It is not allowed to let non-members enter the facilities.  
Damaged electronic bracelet will be exchanged free of charge if the damage is caused by wear.  
A fee of DKK 100 will be charged to replace electronic bracelet damaged by misuse or lost.

**02.** No person under the age of 15 is allowed in the fitness centre.

**03.** You must show consideration for other members and for the fitness centre assistants. Directions from the fitness centre assistants must always be followed

**04.** Proper attire is required in the fitness centre. Shirts must be worn at all times and indoor footwear is mandatory.

**05.** Bags, outdoor clothing etc. shall be placed in the lockers outside the club or in the locker rooms. Articles of value can be stored in the key boxes in the club. All storage is at your own risk.

**06.** Clean up after yourself. Put dumbbells and weights back in place after use. Place used paper etc. in the garbage can. Training equipment must be wiped down after use.

**07.** No-show for booked team activities will result in the member being charged a fee.

**08.** Doors marked "nødudgang" may only be opened in case of emergency. Vandalism against the covers or locks will result in a claim for compensation against the member.

**09.** Smoking is NOT allowed in the fitness centre. Is also not allowed to consume alcohol, psychedelic drugs and other illegal drugs before, during or after training.

Any form of doping use is prohibited and violation will result in expulsion from the fitness centre.

Any member caught violating this rule will be reported to DGI that will determine the punishment including banishment from all DGI associations as well as membership or leadership in any DGI related club.

**10.** Memberships cannot be frozen, transferred or refunded.

**11.** Resignation of an active membership must be done by sending an e-mail to [info@brandefitness.dk](mailto:info@brandefitness.dk), BEFORE the 10th day of the month in which the membership expires. Any resignation after this time and or if a refund is requested (this is only for the automatic PBS / NETS payments), there is a fee of kr. 250, -.

Cancellation of automatic PBS/NETS payments are the sole responsibility of the member.

**Violation of the above stated regulations will result in expulsion, suspension or exclusion.  
Paid membership fees will not be refundable.**